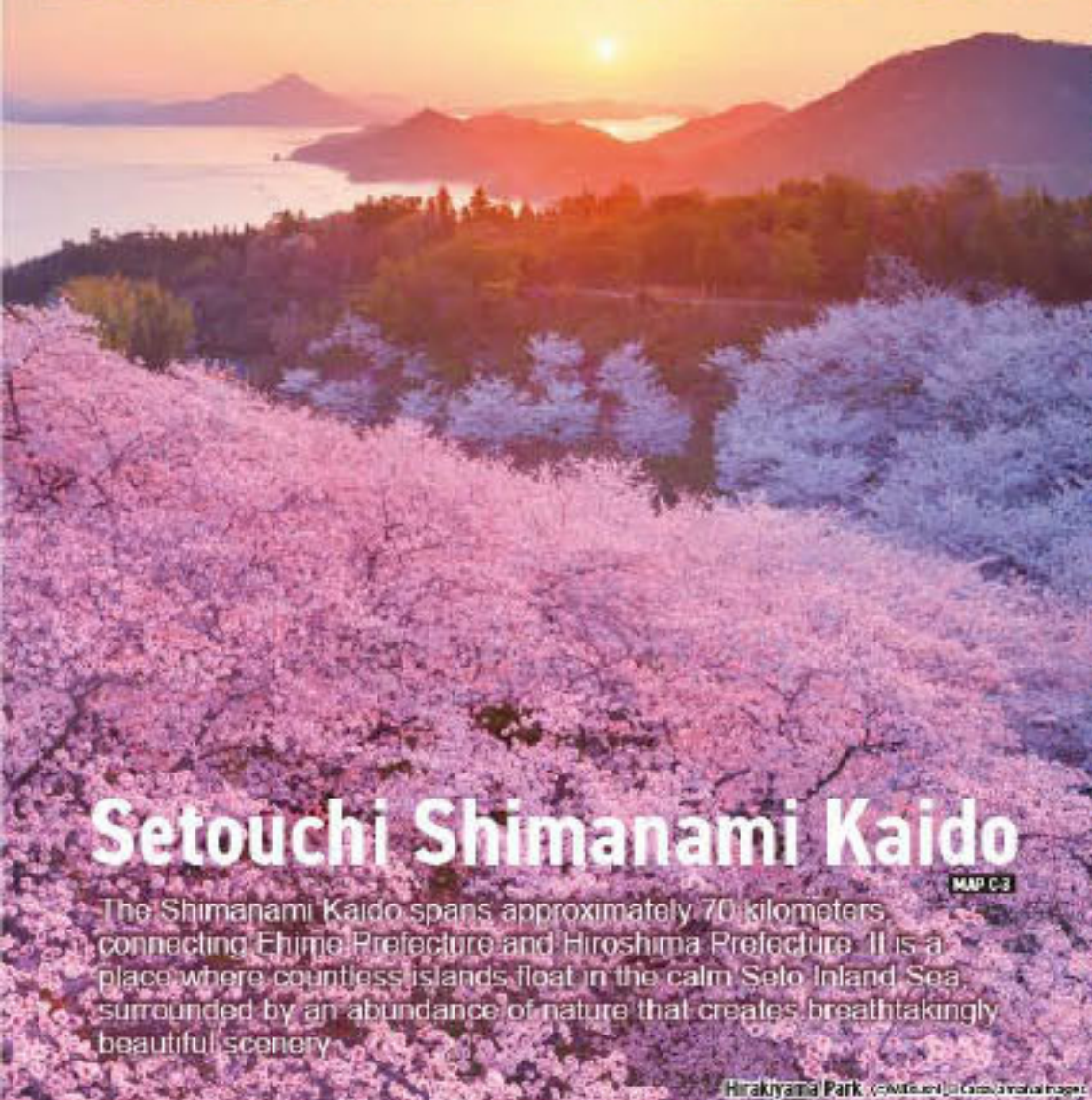


SHIKOKU

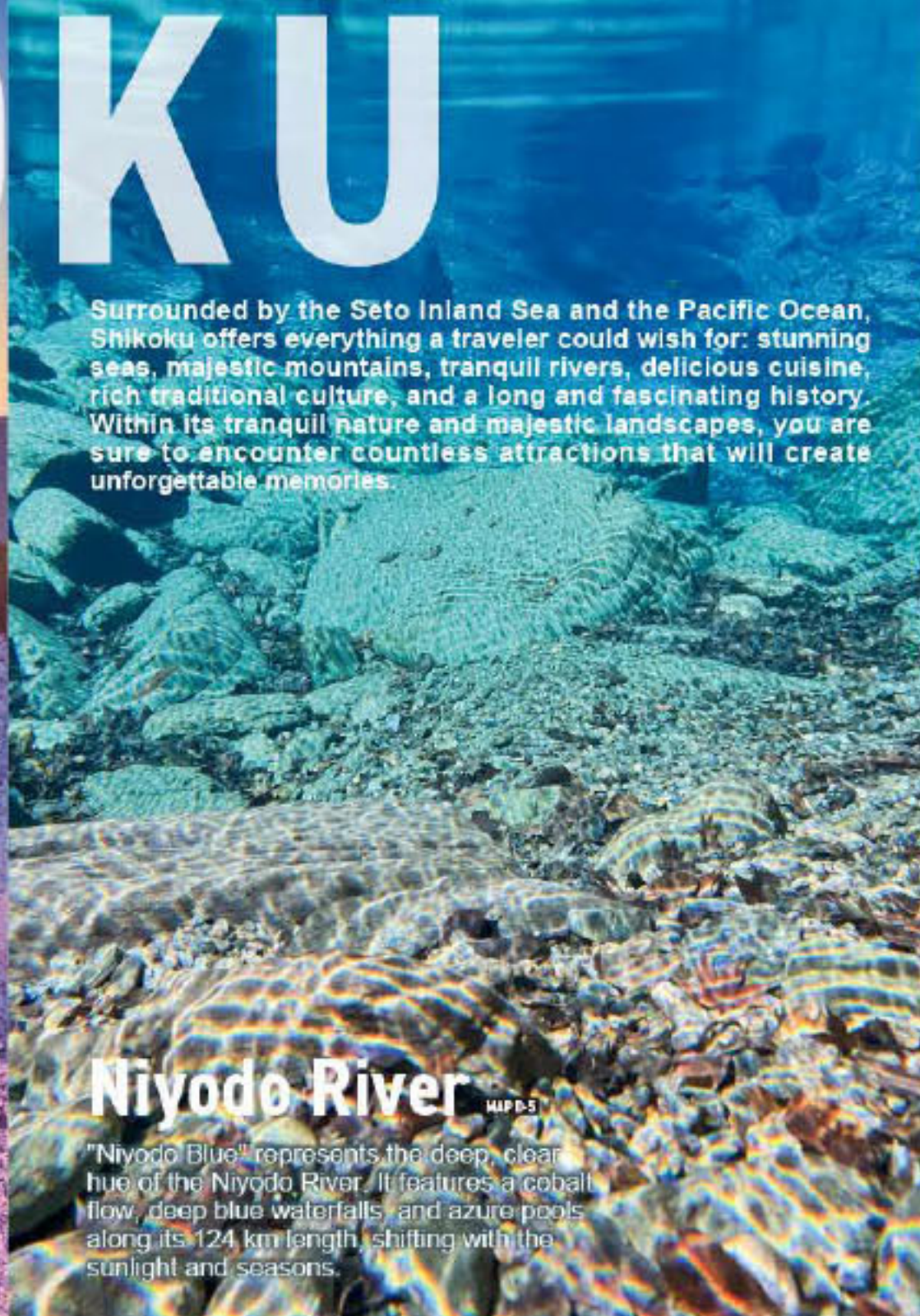
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Setouchi Shimanami Kaido

The Shimanami Kaido spans approximately 70 kilometers, connecting Ehime Prefecture and Hiroshima Prefecture. It is a place where countless islands float in the calm Seto Inland Sea, surrounded by an abundance of nature that creates breathtakingly beautiful scenery.

Hirayama Park (Photo: © GSA/Arakawa)

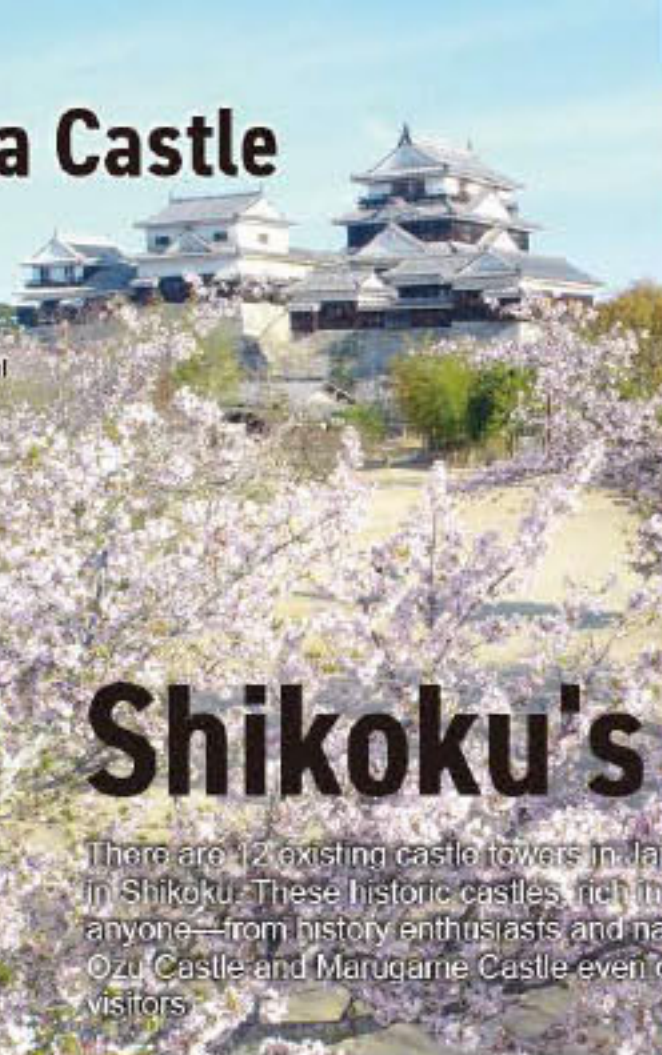


Niyodo River

"Niyodo Blue" represents the deep, clear hue of the Niyodo River. It features a cobalt flow, deep blue waterfalls, and azure pools along its 124 km length, shifting with the sunlight and seasons.

Matsuyama Castle

Matsuyama Castle, built in the Momoyama period style, is one of the few existing castle towers in Japan, representing the Setouchi Region. Twenty-one of its buildings are designated as Important Cultural Properties. **MAP 2-4**



Kochi Castle

Kochi Castle is the only castle in Japan where all the structures of its main building have been preserved intact. Fifteen of its buildings are designated as Important Cultural Properties by the national government. **MAP 3**

Shikoku's Castles

There are 12 existing castle towers in Japan, and four of them are located in Shikoku. These historic castles, rich in history, are sure to captivate anyone—from history enthusiasts and nature lovers to architecture fans! Ozu Castle and Marugame Castle even offer private overnight stays for visitors.

Castle Stay



Ozu Castle



The castle tower was demolished in 1838 but was restored in 2004. At Ozu Castle, visitors can enjoy a "Castle Stay" experience, staying overnight in the restored wooden castle tower. **MAP 3**

Castle Experience



Marugame Castle



Marugame Castle, renowned for its impressive stone walls and white-plastered castle tower, was built approximately 400 years ago and has been designated as a National Important Cultural Property. There is a "Castle Stay" experience where visitors can stay overnight in the restored wooden castle tower. **MAP 3**



Historical Townscape of Hiketa

Located at the eastern tip of Kagawa Prefecture, Hiketa Town is a port town that preserves its traditional townscape. Since the Muromachi period (1336–1573), it has thrived as a port where ships waited for favorable winds. **MAP 2-1**



UFO Line

The "UFO Line" is a famous 27-kilometer scenic driving route that offers breathtaking views with Mount Ishiyuchi as its backdrop (Closed during winter from late November to early April). **MAP 2-2**



Ritsurin Garden

Ritsurin Garden is a feudal lord's garden that was constructed over approximately 100 years, completing in 1745. This spacious garden features six ponds and thirteen landscaped hills. **MAP 2-3**



Naruto Whirlpools

The Naruto Strait, home to the Naruto whirlpools, is only 1.3 km wide between Shikoku and Awaji Island and is known as one of the world's three major tidal currents. **MAP 2-4**

Dogo Onsen

Dogo Onsen Honkan is believed to be the oldest hot spring in Japan, with a history spanning 3,000 years. This three-story, castle-like wooden building is designated as an Important Cultural Property. **MAP 2-5**



Culture and History



Yosakoi Festival

The Yosakoi Festival in Kochi is regarded as one of Japan's top 10 major festivals. Dancers hold wooden clappers called "naruko" and dance energetically while moving their hips dynamically. **MAP 3**



Kotohira-gu Shrine

Kotohira-gu Shrine, affectionately known as "Konpira-san," is one of Japan's most popular shrines. The staircase leading to the shrine consists of 1,368 steps and is extremely long. **MAP 3**



Naoshima Red Pumpkin

A giant, polka-dotted pumpkin sculpture by artist Yayoi Kusama that visitors can actually step inside. **MAP 3-2**



Awa Odori Festival

The Awa Odori Festival, a 400-year-old tradition, represents summer in Japan. Dancers in colorful costumes perform to the energetic rhythms of drums. At Awa Odori Kaikan, visitors can enjoy exhibits and hands-on experiences. **MAP 3-3**

Henro

The Shikoku pilgrimage route, known as Henro, is one of the few circular pilgrimage routes in the world, spanning approximately 1,200 kilometers. It encompasses 88 temples and numerous sacred sites associated with Kukai (Kobo Daishi), where he is believed to have trained or stayed. This pilgrimage offers opportunities to experience the rich natural beauty of Shikoku and interact with local residents. It also provides a chance for personal reflection and encourages positive changes in one's life. **MAP 3-4**



This pilgrimage should not be viewed as merely a journey to collect stamps; instead, it should be seen as a spiritual endeavor. It provides an opportunity for self-reflection and allows you to gain something meaningful from the experience. The local people will warmly welcome your decision to undertake the Shikoku pilgrimage.

Experience

Kimono Experience

Dress in meticulously selected traditional Japanese attire at the historic Kashino Residence. Stroll through the gardens and immerse yourself in the beauty of Japanese culture. **MAP 3-5**



Hirome Market

Hirome Market is a commercial facility located next to Kochi Castle, where locals and tourists can enjoy both Kochi's local cuisine and a variety of international dishes. **MAP 3-6**



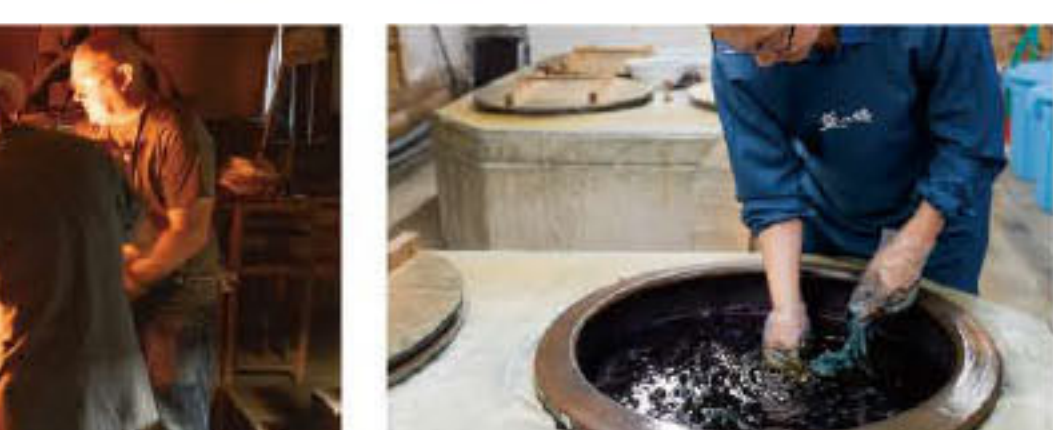
Japanese Cuisine Experience

Enjoy authentic Japanese cuisine inside Tokushima's historic Kashino Residence, a nationally designated Tangible Cultural Property. **MAP 3-7**



Tosa Uchi-hamono Knives

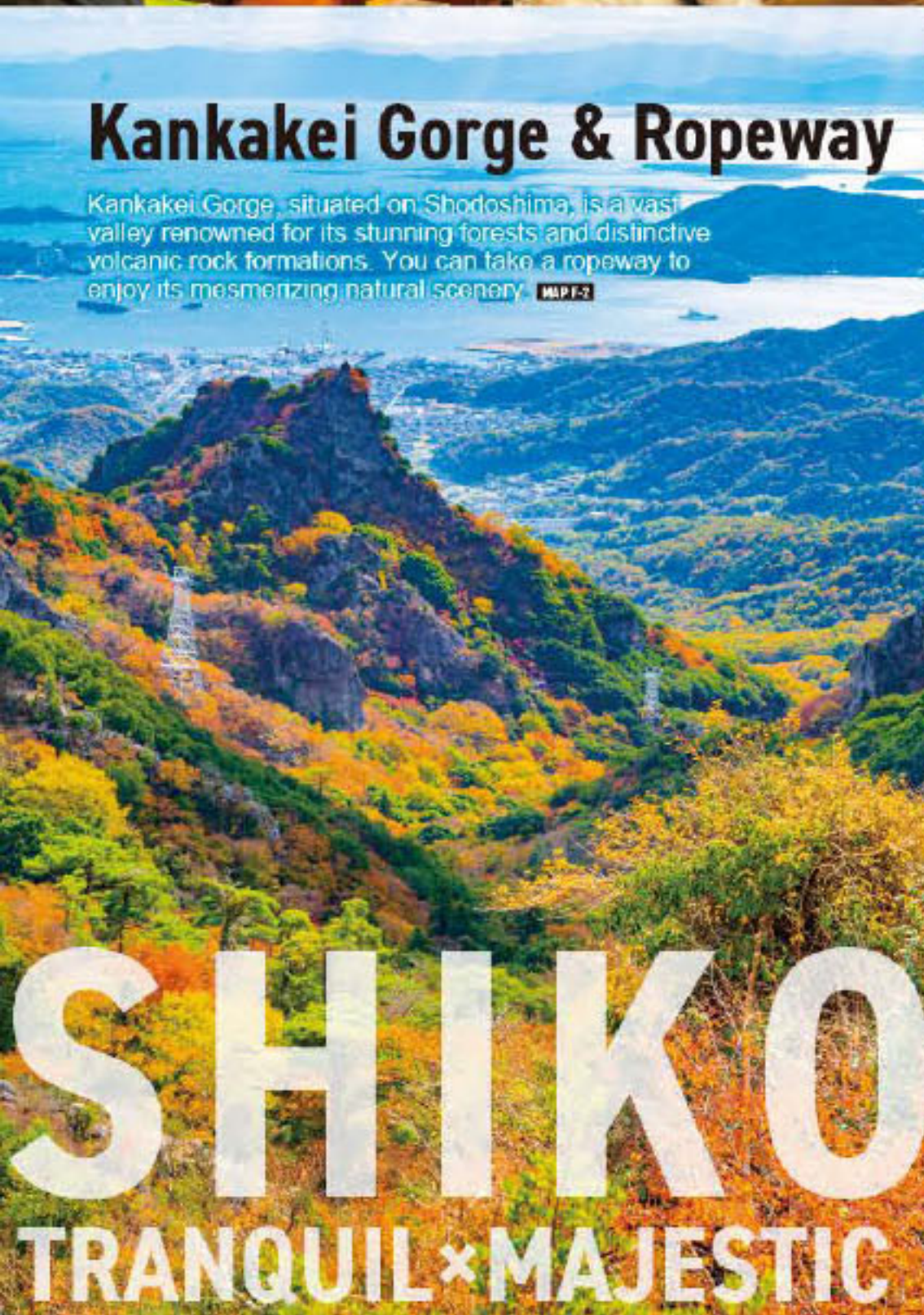
You can experience making Tosa Uchi-hamono, a nationally designated traditional craft. **MAP 3-8**



Indigo Dyeing Experience

Experience traditional indigo dyeing at an artisanal workshop. **MAP 3-9**

Note: You can purchase indigo-dyed products at "Okumura," the shop next door.



Kankakei Gorge & Ropeway

Kankakei Gorge, situated on Shodoshima, is a vast valley renowned for its stunning forests and distinctive volcanic rock formations. You can take a ropeway to enjoy its mesmerizing natural scenery. **MAP 3-10**



Iya Vine Bridge

Iya Vine Bridge, also known as Kazura-bashi, is a secluded suspension bridge nestled in nature. It is regarded as one of Japan's Three Most Unusual Bridges. **MAP 4**



Activity

Cycling on the Shimanami Kaido

The Shimanami Kaido links Onomichi and Imabari, spanning over 60 km, and offers cycling paths with scenic island views. **MAP 4-1**



Important Notices:
- Please do not step on the moss or take any of it.



- Do not enter the terraced rice fields.

Walking in Shikoku

Shikoku is home to numerous natural trails where you can enjoy stunning scenery, including mountains and terraced rice fields. (Photo: Mt. Yamaino-dake and the Kashihara terraced rice fields in Tokushima.) **MAP 4-2**



Trekking

Mt. Ishizuchi

Mt. Ishizuchi is one of Japan's Seven Sacred Mountains, towering over Shikoku. A variety of hiking trails are available, including a challenging and unique route where climbers ascend steep cliffs using a series of chains. **MAP 4-3**

SHIKOKU

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TOURISM SHIKOKU

For further access details, please visit the official website of the Organization for Promotion of Tourism in SHIKOKU. <https://shikoku-tourism.com/en/>



Shikoku can be accessed by various transportation modes, including airplanes, trains, and highway buses. The "ALL SHIKOKU Rail Pass" is a convenient option for travel within Shikoku and is exclusively available to overseas travelers, offering unlimited train travel on six railways, including JR, that run through Shikoku. For locations difficult to reach by railway, we recommend traveling by bus or renting a car. Purchasing digital tickets is recommended for greater convenience.

SHIKOKU TRAVEL <https://shikoku-travel.com/en/>

Website for enjoying Shikoku travel SHIKOKURURI



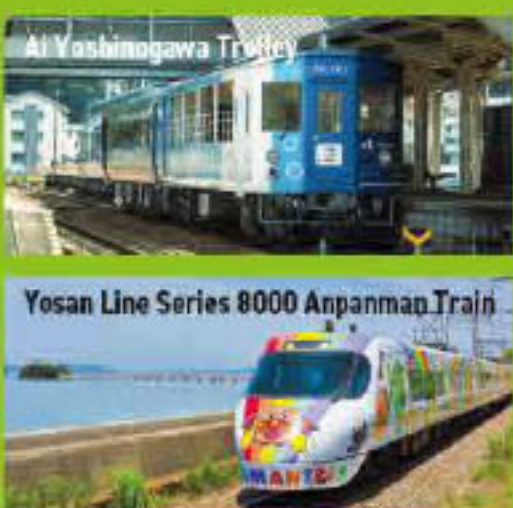
(August 2025)

Consider travelling around Shikoku by train! Not only can you enjoy the beautiful scenery from the windows, but riding on Shikoku's unique and distinctive trains will also make your travel time a memorable part of your journey.



In the western part of Kochi Prefecture and the southern part of Ehime Prefecture in Shikoku, unique trains known as the "Yodo Line Brothers" (Yodo Line Trains) operate. Additionally, in Shikoku, there is a sightseeing train themed around Japan's famous character, "Astro Boy," which travels through the region.

TETSUDO (RAILWAY) HOBBY TRAIN



The Shikoku 88 Temple Pilgrimage (Hempō) refers to a Buddhist pilgrimage to 88 temples around Shikoku. Through this pilgrimage, you can experience the rich history, sacred sites, and natural beauty of Shikoku.

[illegible]

International

From	Airline	To
Seoul	Air Seoul	Tokushima
	Jeju Air	Nagasaki
Shanghai	Spring	Tokushima
	China Eastern	Nagasaki
Taipei	China	Tokushima
	Star Air	Nagasaki
Hanoi	Jet Japan	Tokushima



The map illustrates the extensive Shinkansen network originating from Osaka. The main trunk line runs north-south, connecting major hubs like Tokyo, Shinjuku, and Haneda. Branch lines extend to the north (Tohoku, Joetsu, Tohoku-Hokuriku) and the south (Kansai, San'yō, Kyushu). Travel times are provided for each segment, and a note at the bottom states that bus terminals are adjacent to train stations.

From	To	Time
Osaka	Shinjuku	1:10 hr
Osaka	Haneda	1:25 hr
Osaka	Narita	1:50 hr
Osaka	Maebashi	1:50 hr
Osaka	Utsunomiya	2:40 hr
Osaka	Kyushu	2:40 hr
Osaka	Kobe	2:40 hr
Osaka	Shimonoseki	2:40 hr
Osaka	Yokohama	2:40 hr
Osaka	Shizuoka	2:40 hr
Osaka	Maatsuyama	2:40 hr
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Osaka	Kochi	2:40 hr

ALL SHIKOKU Rail Pass

The ALL SHIKOKU Rail Pass is available to foreign tourists visiting Japan under a "short-term stay" visa for sightseeing purposes. It offers unlimited rides on railway lines within Shikoku, including JR Shikoku (some trains are excluded), as well as the Shodoshima Ferry and Shodoshima Olive Bus. With flexible validity options, it's the ideal pass for travelers looking to explore Shikoku to the fullest.

Originals, reprints and photocopies are available for purchase through under a "short-term stay" visa for sightseeing purposes. It provides unlimited rides on JR lines throughout Japan, including Shikoku, for a fixed price, with several validity options available. This pass is a convenient and cost-effective way to travel by train across the country.

 Expressway Pass (ETC) is a toll payment system providing unlimited access to expressways in the San'in, Setouchi, and Shikoku regions for a fixed price. Please note that some expressway sections are excluded.

緊急時連絡先情報・JNTO 訪日旅行者コールセンター
緊急時はこちらをご参照ください。

Fire Department 119

Call for fires, serious medical emergencies, or traffic accidents.

Police Department 110

Call to report traffic accidents or crimes such as theft or assault.

Japan Visitor Hotline TEL 050-3816-2787 (In Japan, 24 hours a day, 7 days a week)

Operated 24/7 by the Japan National Tourism Organization (JNTO), this multilingual call center is available to assist foreign visitors in Japan.

Scope of support

Activities during emergencies such as illness or natural disasters

General travel information

Differences in COVID-19-treated matters

How finding medical facilities that offer services in foreign languages

Languages Available English, Chinese, Korean

Support Provided:

Direct inquiries from visitors to Japan as a general rule, we do not provide three-way inquiries or make recommendations on behalf of visitors to Japan.

JNTO Thailand App: Download "Safety Tips," a push-enabled information alert app designed for foreign tourists.

Shikoku is home to a variety of local sake that perfectly complements the unique food culture of each region. Brewed in an environment of clean air, delicious water, and abundant nature, Shikoku's sake is truly captivating.

